

Saint Felix School – menus

Week 1

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-----------------------------|---|---|--|---|---|---|--|
| Breakfast - boarders | All at 8am Crepes Mixed berry compote Croissants Pain au chocolat Cereals Toast and preserves Fresh fruit Fruit juice | All at 8am Local pork sausages Vegetarian sausages (V) Baked beans Fried eggs Cereals Toast and preserves Fresh fruit Fruit juice | All at 8am Smoked salmon Avocado & cream(v) cheese Scrambled egg Hash browns Cereals Toast and preserves Fresh fruit Fruit juice | All at 8am Back bacon Vegetarian bacon(v) Grilled tomatoes Pan fried field Mushrooms Sautee potatoes Cereals Toast and preserves Fresh fruit Fruit juice | All at 8am Sausage or veggie sausage (v) & egg muffin Hash browns Cereals Toast and preserves Fresh fruit Fruit juice | All at 10am American pancakes(v) Fruit compote Yoghurt & granola Salted caramel sauce Cereals Toast and preserves Fresh fruit Fruit juice | Brunch at 11am Local sausage Vegetarian sausage(v) Back bacon Fried eggs Baked beans Hash browns Plum tomatoes Cereals Toast and preserves Fresh fruit Fruit juice |
| Lunch | Tuna & cucumber sandwich Hummus & cucumber sandwich (v) Cheese & crackers Apple Caramel chocolate Shortcake | Chicken, bacon, mayo baguette Quorn & lemon mayo baguette (v) Banana Fruit flapjack Sour cream & chive lentil crisps | Sausage & tomato Pasta Vegetarian sausage (v) Pasta Nectarine Crisps Raspberry & coconut Cake | Southern fried chicken, lettuce, tomato, mayo sub roll SF Quorn, lettuce, tomato sub roll (v) Sweet & salty popcorn Tangerine Rocky road | Margarita Pizza (v) Ham & mushroom pizza Red grapes Doritos Lemon drizzle cake | Picnic box lunch | |
| Supper - boarders | Early at 5pm Years 6-9 at 5:30pm Years 10-13 at 6pm Lates at 7:15pm Beef bolognaise Mushroom, aubergine & courgette bolognaise (v) Spaghetti Garlic bread Baby corn Tiramisu | Early at 5pm Years 6-9 at 5:30pm Years 10-13 at 6pm Lates at 7:15pm Grilled gammon steak Butternut squash, goat's cheese & beetroot pattie (v) Roasted baby potatoes Steamed greens Bread & butter pudding with custard | Years 6-9 at 5:30pm Years 10-13 at 6pm Lates at 7:15pm Cajun chicken wings Cajun Quorn fillets(v) Spiced mushroom & pepper rice Broccoli & green beans Strawberry cheesecake & cream | Early at 5pm Years 6-9 at 5:30pm Years 10-13 at 6pm Lates at 7:15pm French style pork loin with caramelised apple & brie Baked herb halloumi(v) Butterbean cassoulet Crushed new potatoes Honey glazed root vegetables Rhubarb crumble & vanilla custard | All at 6pm Sweet & sour chicken Sweet & sour tofu (v) Egg noodles Prawn crackers Pan fried bean sprouts Chocolate profiteroles | All at 6pm Pepperoni pizza Ham & pineapple pizza Margarita pizza (v) Curly fries Coleslaw Selection of salads Homemade rice pudding & strawberry preserve | All at 6pm Roast sirloin of beef Wild mushroom & leek gratin (v) Yorkshire pudding Cauliflower cheese Roasted parsnips & carrots Braised red cabbage Roast potatoes Gravy Horseradish sauce Sticky toffee pudding, toffee sauce & cream |

(v) Vegetarian

Saint Felix School – menus

Week 2

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-----------------------------|---|--|---|--|---|---|--|
| Breakfast - boarders | All at 8am Crepes Mixed berry compote Croissants Pain au chocolat Cereals Toast and preserves Fresh fruit Fruit juice | All at 8am Local pork sausages Vegetarian sausages (v) Baked beans Fried eggs Cereals Toast and preserves Fresh fruit Fruit juice | All at 8am Smoked salmon Avocado & cream cheese (v) Scrambled egg Hash browns Cereals Toast and preserves Fresh fruit Fruit juice | All at 8am Back bacon Vegetarian bacon (v) Grilled tomatoes Pan fried field mushrooms Sautee potatoes Cereals Toast and preserves Fresh fruit Fruit juice | All at 8am Sausage Or veggie sausage (v) & egg muffin Hash browns Cereals Toast and preserves Fresh fruit Fruit juice | All at 10am American pancakes (v) Fruit compote Yoghurt & granola Salted caramel sauce Cereals Toast and preserves Fresh fruit Fruit juice | Brunch at 11am Local sausage Vegetarian sausage (v) Back bacon Fried eggs Baked beans Hash browns Plum tomatoes Cereals Toast and preserves Fresh fruit Fruit juice |
| Lunch | Ham & cheddar cheese sandwich Egg & cress sandwich (v) Apple Quavers Caramel wafer bar | Bacon & egg mayo baguette Cheddar cheese & tomato baguette (v) Banana Cheesy wotsits Blueberry muffin | Sausage roll Vegan sausage roll (v) Nectarine Crisps Dairy milk chocolate | Tuna & sweetcorn sub roll Falafel, red pepper hummus sub roll (v) Hula hoops Chocolate brownie Grapes | Chicken Caesar wrap Quorn Caesar wrap (v) Pom bears Fresh strawberries Granola flapjack | Picnic box lunch | |
| Supper - boarders | Early at 5pm Years 6-9 at 5:30pm Years 10-13 at 6pm Lates at 7:15pm Sausage wellington Roasted root vegetable wellington (v) Buttered new potatoes Steamed greens Gravy Lemon meringue posset & shortbread | Early at 5pm Years 6-9 at 5:30pm Years 10-13 at 6pm Lates at 7:15pm Chicken tikka masala Sweet potato, butternut squash & spinach curry (v) Bombay potatoes Onion bhajis Steamed basmati rice Naan bread Mango chutney Pineapple upside down cake & custard | Years 6-9 at 5:30pm Years 10-13 at 6pm Lates at 7:15pm Beef lasagne Red pepper, spinach & ricotta lasagne (v) Garlic bread Mixed salad Waffles, fruit compote, marshmallow, caramel sauce | Early at 5pm Years 6-9 at 5:30pm Years 10-13 at 6pm Lates at 7:15pm Southern fried chicken Southern fried halloumi (v) Fries BBQ beans Coleslaw Corn on the cob White chocolate & raspberry cheesecake | All at 6pm Lamb loin steaks Grilled cauliflower steak (v) Green cabbage Crushed new potatoes Mint gravy Jam sponge pudding & custard | All at 6pm Homemade beef rump burgers Moving mountains burger(v) Onion rings Bacon BBQ sauce Monterey jack cheddar Jacket wedges Salad Lemon meringue pie & fruit compote | All at 6pm Roast loin of pork & crackling Roasted vegetable wellington (v) Yorkshire pudding Creamy leeks Roast potatoes Roast parsnips Broccoli Apple sauce Apple crumble & custard |

(v) Vegetarian