



# Saint Felix School

Headmaster: Mr James Harrison BA (Hons)

4<sup>th</sup> September 2020

Dear Parents and Guardians

I hope you have had the opportunity to, despite the recent climate, take some time to enjoy the beautiful weather that we have had over the summer. I hope many of your children are looking forward to getting back to school and playing sport again.

As I am sure you will expect, the curriculum has made several changes to ensure we follow Government and National Governing Bodies guidance on returning to sport. It is for this reason I wanted to write to you to make you aware of the necessary precautions we will be making to lessons as well as letting you know what attire your child will need for Games and PE.

Many of you will already be aware that on a day your child has a practical PE/Games lesson they will need to attend school in their PE kit. Please make sure this includes tracksuit bottoms and a top to keep them warm throughout the day. If your child has football, they will need to bring football studs and shin pads, for all other outdoor lessons please send your child in with a spare pair of trainers and a carrier bag in case they get muddy during the lesson. To ensure we conduct lessons in well ventilated spaces and promote social distancing, our lessons will be predominantly outside. For this reason it may be beneficial to allow your child to bring a spare sports top/jumper into school on days you think they may get wet. On certain occasions the weather conditions may deem the ground or conditions unsafe to go outside. At this time we will do our utmost to offer an activity inside in a well ventilated space.

We are no longer able to provide our children with water bottles during lessons so as with the school day please provide your child with a water bottle, they will be able to refill this before the start of the lesson.

The school is also not able to offer any fixtures or sports clubs over the term. This is something we are hopeful will resume after Christmas.

If your child is injured or unwell and unable to take part in PE/Games please email me at [cphelps@stfelix.co.uk](mailto:cphelps@stfelix.co.uk) where possible before the start of the school day. This will then be passed on to the appropriate class teacher. All students will be asked to join the group in an adapted role, for example coach or official. It is therefore vital that your child is in school PE kit regardless of whether they are practically taking part. There may be occasions this is not possible for which alternative arrangements may need to be made with your child's Head of Year.

The equipment will be cleaned between lessons and where possible we have dedicated equipment to year group 'bubbles'. However, if you would prefer your child to bring in their own equipment e.g. tennis racket/goal keeper gloves, we would ask that they are responsible for these items throughout the day and to remind you that each student will have an allocated locker near their class.

Finally, the activities selected have been chosen because as a department we are able to deliver them reducing contact and keeping students inside their year group ‘Bubbles’. There will be a review at half term where we will look to offer different activities. The key objective to lessons will be bringing students back to sport gradually and enjoyably. Therefore, staff will be focused on gently increasing fitness level and rebuilding teamwork and communication skills. Most of all we want lessons to be enjoyable for all as we are aware some have had more of an opportunity to exercise and be active over the lockdown period than others.

Please see the below list of activities for Years 3 to Year 13

**PE activity list – autumn term 1 (September to October)**

Year Group	PE activity	Games activity
3 and 4	Orienteering and fitness (trainers)	Three lessons of cricket Three lessons of rounders (trainers)
5 and 6	Orienteering and fitness (trainers)	Three lessons of rounders Three lessons of football (trainers)
7 and 8	Orienteering and fitness (trainers) *Year 8 will have 2 lessons in the fitness gym.	Year 7 tennis/rounders – choice Year 8 football  After three lessons group will rotate
9 and 10	Year 9 only Orienteering and fitness including the fitness gym	Year 9 rounders Year 10 tennis/football - choice  After three lessons group will rotate
11, 12, 13	N/A	Year 11 tennis Year 12 rounders Year 13 rounders  After 2 lessons group will rotate

We are really looking forward to getting back to some sort of normal, if you require any further information please do not hesitate to contact me.

Yours sincerely



Claire Phelps  
Director of Sport