Saint Felix School
SOUTHWOLD

22 March 2024

Dear Parents and Guardians

As we approach the end of term, I would like to take this opportunity to remind you all of the agencies and support that are available for all pupils and families throughout the Easter holiday period.

Signposting for all students and parents/carers:
I have attached a copy of a document which will be sent out to all pupils before the end of term. The document outlines a number of agencies and apps pupils can access independently for support if they are struggling with their mental and physical health over the Easter period, or if they find themselves in a difficult online safety situation.

Also, please remember that any member of the public can contact the following agencies over the Easter holidays and at any time of the day:

Customer First: If you are concerned about the welfare of a child in your community then please ring Customer First – 0808 800 4005 and report this information. Customer First is the first point of contact for social services in Suffolk. Please do not ring this number if a child is at imminent risk of harm such as injury or abuse, in this situation you should call 999 immediately.

Suffolk Constabulary: You can report non-urgent crimes via ringing the police non-emergency number – 101 or by going on the Suffolk Constabulary website: https://www.suffolk.police.uk/contact-us/report-something You can also ring the police non-emergency number - 101, if an online safety offence has been committed. An example when you should use these reporting tools could be if your child is being asked to share sexually explicit pictures of themselves or of someone else. If someone is in immediate risk or danger, then you should call 999. Please contact the Police if you are concerned about your child's online activity or the activity of any another person over the holidays.

GP / Doctor or 111 (for weekends and out of hours non-emergencies): Please remember that you can seek mental health support from your registered GP throughout the holidays. You can also contact 111 for non-emergency medical concerns, or use the 111 online mental health toolkit to establish what support is available or next steps you should take, the link to this toolkit is - https://111.nhs.uk/ If you are concerned about your child's mental health over the Easter holiday then please use one of the agencies mentioned in this letter and as attached.

Saint Felix School
Halesworth Road, Reydon,
Southwold, IP18 6SD
01502 722 175
schooladmin@stfelix.co.uk
www.stfelix.co.uk
Saint Felix School
stfelix.school

Map.uk.net - Support for pupils Aged 11+ Telephone 0800 0744454
Offering Advice, Counselling and Youth Work. 52a Deneside, Great Yarmouth,
NR30 2HL. Drop-in times Mon, Wednesday and Friday 1.30-5pm

The Wellbeing Hub - from Teen Tips: A live and interactive online platform.
All parents in the whole school community and pupils from Year 6-13 have access to all the invaluable source of information to support your child's social and emotional needs. Please do contact me if you are unable to log in.

I would like to take this opportunity to thank all Parents, Guardians, Pupils, and extended family members that the Safeguarding Team have been in contact with over the last term and, I wish you all a safe and enjoyable Easter.

Yours sincerely

Alicia Mann
Assistant Head – Designated Safeguarding Lead